



**VOLUNTEER OPPORTUNITY
AGE-FRIENDLY SONOMA COUNTY
STEERING COMMITTEE MEMBER**

The County of Sonoma has joined the worldwide network of Age-Friendly Communities and has partnered with Council on Aging in a five-year, volunteer-driven process to assess and plan for cities and communities that are inclusive of all residents with the resources, activities, infrastructure and services that allow all age groups to thrive.

To guide the process, the Age-Friendly Sonoma County Steering Committee will be comprised of volunteers representing each of the cities, as well as the unincorporated areas of the County. They will have a strong interest in pursuing and promoting Sonoma County's age friendly goals:

- Community Connectedness, so that all residents can participate in community life.
- Transportation that is affordable and provides access to community resources.
- Varied Housing Options- safe, healthy and affordable
- Healthy Living- resources for healthy food, physical activity, strong mental health, and chronic disease prevention.
- Opportunities for Lifelong Learning
- Employment and Financial Security
- Access to Health and Social Services

In partnership with staff, the Steering Committee will:

- Establish guiding principles and provide oversight to the assessment and planning phase of the process.
- Direct a baseline community assessment to identify age friendly features, assets, needs, barriers and suggestions for improvements to make Sonoma County inclusive and livable for all ages.
- Use information generated by local task forces to make recommendations for inclusion in an action plan.
- Identify and help engage individuals and organizations helpful to age- friendly planning and implementation.
- Participate in the formation of local task forces that will gather data from their communities for the assessment and action plan.
- Provide leadership and guidance to the local task forces.

Essential Skills:

- Committee members will have leadership and strategic planning skills.
- Ability to recognize and communicate the value of age-friendly practices in building a healthy community.
- Ability to advocate for older adults, promoting them as a resource for their families, communities, employers and economies.
- Ability to advocate for the protection of seniors who are vulnerable to physical, financial and emotional hardships.
- Ability to identify opportunities for intergenerational engagement in community activities.
- Ability to promote inclusion and respect diverse points of view.

For more information:

Renee Tolliver, Age-Friendly Community Coordinator
707-525-0143 x124

rtolliver@councilonaging.com
www.agefriendlysonomacounty.org