



**VOLUNTEER OPPORTUNITY
AGE-FRIENDLY SONOMA COUNTY
LOCAL TASK FORCE MEMBER**

The County of Sonoma has joined the worldwide network of Age-Friendly Communities and has partnered with Council on Aging in a five-year, volunteer-driven process to assess and plan for cities and communities that are inclusive of all residents with the resources, activities, infrastructure and services that allow all age groups to thrive.

To guide the process, the Age-Friendly Task Forces will be comprised of volunteers representing each of the cities, as well as the unincorporated areas of the County. They will have a strong interest in pursuing and promoting Sonoma County's age friendly goals:

- Community Connectedness, so that all residents can participate in community life.
- Transportation that is affordable and provides access to community resources.
- Varied Housing Options- safe, healthy and affordable
- Healthy Living- resources for healthy food, physical activity, strong mental health, and chronic disease prevention.
- Opportunities for Lifelong Learning
- Employment and Financial Security
- Access to Health and Social Services

The local task forces will support the work of the Age-Friendly Sonoma County Steering Committee by developing and implementing local surveys, community meetings, walking audits and assessments of age-friendly and livable conditions. Information gathered by the task forces will be used in the preparation of a three year action plan. The action plan will guide Sonoma County cities and communities through the process of becoming age friendly, as defined by the World Health Organization and AARP.

Essential Functions:

- Contribute to the development and implementation of a baseline community assessment that identifies local age friendly features, assets, needs, barriers, concerns and suggestions for improvements to make Sonoma County inclusive and livable for all ages.
- Recognize the programs/services, facilities and businesses already aligned with age friendly principles.
- Encourage local government leaders to adopt and implement an age-friendly approach to planning, facilities, housing, transportation, programs, services, etc.

Task Force members must have:

- Willingness to contact and speak with neighbors, colleagues, community members, leaders and businesses about the age-friendly process.
- Desire to participate in an intergenerational effort to develop a community that is inclusive and livable for all.
- Ability to promote inclusion and respect diverse points of view.

For more information:
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